

# January Blackwater Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1/4 <i>Oatmeal</i> <b>Spaghetti</b> Veggie/Fruit/Milk	1/5 <i>Biscuit &amp; Gravy</i> <b>Cheeseburger/Fries</b> Veggie/Fruit/Milk	1/6 <i>Cereal</i> <b>Pizza</b> Carrots/Fruit/Milk
1/9 <i>Pancake wrap</i> <b>Orange Chicken/Rice</b> Veggie/Fruit/Milk	1/10 <i>ham &amp; Eggs</i> <b>Taco/Beans</b> Lett-Cheese/Fruit/Milk	1/11 <i>Biscuit &amp; Gravy</i> <b>Hot Dog/Fries</b> Bbeans/Fruit/Milk	1/12 <i>Oatmeal</i> <b>MB Sub/Chips</b> Veggie/Fruit/Milk	1/13 <i>Cereal</i> <b>Pizza</b> Carrots/Fruit/Milk
1/16 <i>No School</i>	1/17 <i>Ham &amp; Eggs</i> <b>Chicken Fajitas</b> Beans/Fruit/Milk	1/18 <i>Biscuits &amp; Gravy</i> <b>Sloppy Joe/Fries</b> Bbeans/Fruit/Milk	1/19 <i>Oatmeal</i> <b>Spaghetti/Bread</b> Veggie/Fruit/Milk	1/20 <i>Cereal</i> <b>Pizza</b> Carrots/Fruit/Milk
1/23 <i>Pancake Wrap</i> <b>Chicken Nuggets/Fries</b> Veggie/Fruit/Milk	1/24 <i>Ham &amp; Eggs</i> <b>Taco/Beans</b> Lett-Cheese/Fruit/Milk	1/25 <i>Biscuit &amp; Gravy</i> <b>Corn Dog/Fries</b> Bbeans/Fruit/Milk	1/26 <i>Oatmeal</i> <b>Mac &amp; Cheese</b> Veggie/Fruit/Milk	1/27 <i>Cereal</i> <b>Pizza</b> Carrots/Fruit/Milk
1/30 <i>Pancake wrap</i> <b>BBQ Chicken Sand/Bbe</b> Veggie/Fruit/Milk	1/31 <i>Ham &amp; Eggs</i> <b>Chicken Fajitas</b> Beans/Fruit/Milk			



Fat Free and 1% Milk are always available for Breakfast and Lunch.

For breakfast a fresh fruit and fruit juice will be made available.

Menu subject to change depending on availability.

This institution is an equal opportunity provider.

Breakfast and lunch are FREE for all STUDENTS.